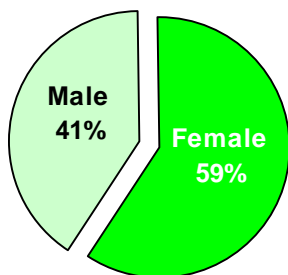


School-Based Health Centers Teen Health Centers

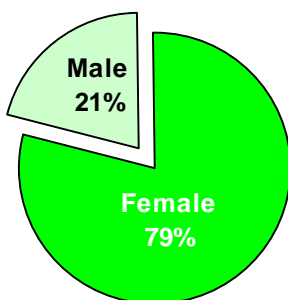
In the 1999-2000 school year, students in eight Seattle high schools benefited from health services provided by Teen Health Centers (THC). Over 3,000 students accessed the THC's at a rate of 4.7 visits per user for a total of nearly 15,000 visits.

| | THC Enrollment | School Enrollment | Percent Enrolled | Number of Visits | Unduplicated Users | Visits Per Person | Users as Percent of THC Enrollment | Users as Percent of School |
|--------------|----------------|-------------------|------------------|------------------|--------------------|-------------------|------------------------------------|----------------------------|
| Cleveland | 411 | 752 | 55% | 2024 | 323 | 6.3 | 79% | 43% |
| Franklin | 752 | 1628 | 46% | 2297 | 408 | 5.6 | 54% | 25% |
| Garfield | 779 | 1443 | 54% | 2428 | 557 | 4.4 | 72% | 39% |
| Nathan Hale | 634 | 1133 | 56% | 1835 | 395 | 4.6 | 62% | 35% |
| Ranier Beach | 373 | 841 | 44% | 1427 | 282 | 5.1 | 76% | 34% |
| Roosevelt | 746 | 1707 | 44% | 1974 | 466 | 4.2 | 62% | 27% |
| Sealth | 430 | 926 | 46% | 1145 | 320 | 3.6 | 74% | 35% |
| West Seattle | 756 | 1062 | 71% | 1790 | 425 | 4.2 | 56% | 40% |
| TOTAL | 4,881 | 9,492 | 51% | 14,920 | 3,176 | 4.7 | 65% | 33% |

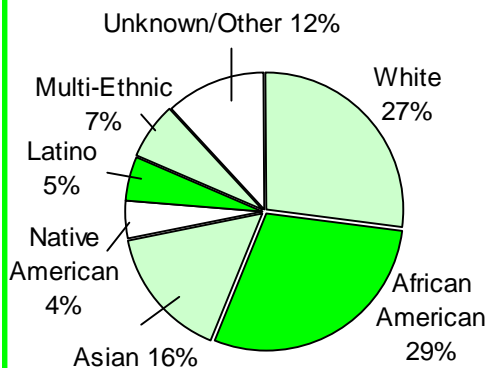
Enrolled by Sex



Visit by Sex



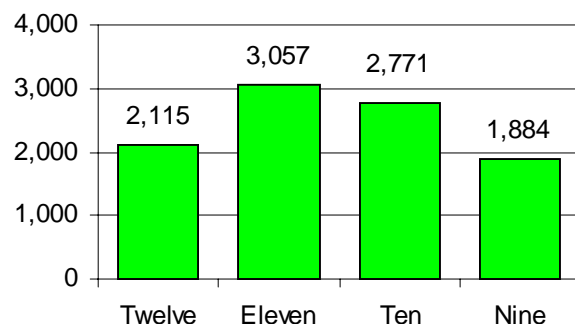
Visits by Race/Ethnicity



Female students were enrolled at a higher rate and utilized significantly more THC services than did male students.

Grade enrollment data is reflected in the visit data. Across the system, tenth and eleventh graders enrolled at a higher rate and used more services than did students in the ninth and twelfth grades.

Visits by Grade

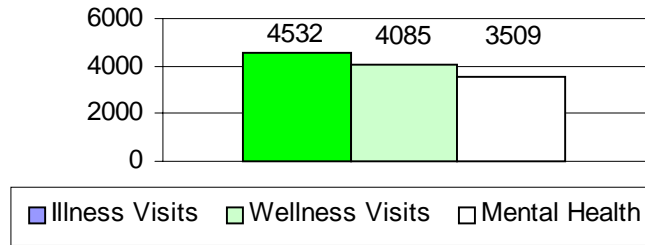


It's very welcoming....I come in here and everybody knows me and they're excited to see me. Everybody knows my name...it's great to have it at a school – that comfort and the support because a lot of schools don't have that.
Junior – Chief Sealth High School

"...it's real good because I can get really quick help, like when I fractured my thumb, I mean they helped out and referred me to this doctor that, you know, got me this cast so I could still play football".
Senior – Chief Sealth High School

Race/Ethnicity data also reflects enrollment patterns, but not necessarily school enrollment patterns where African American students account for 23%, Asian 24% and White students 41%.

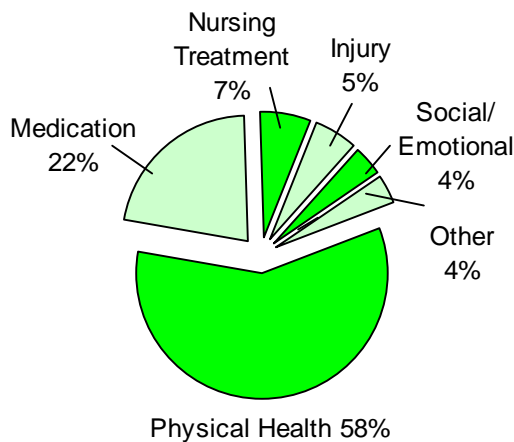
Type of Visit



Mental health is an important part of THC services, accounting for nearly 30% of all individual visits. Data reflected in this report does not include the many support groups and health education and outreach efforts provided by mental health staff at the THC's.

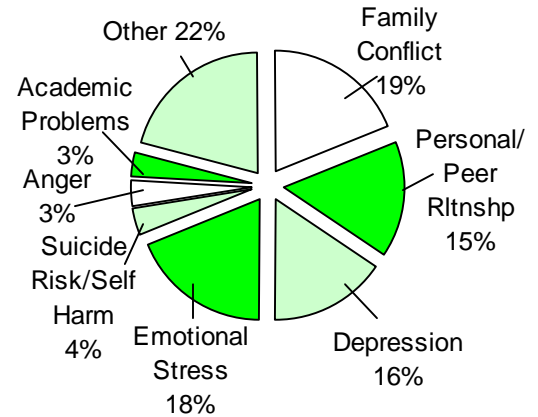
Medical services provided by the Nurse Practitioner can be broken down to better identify the type of service being provided. Illness visits comprised just over 37% of all visits while wellness visits represented nearly 34%.

Reasons for School Nurse Visits

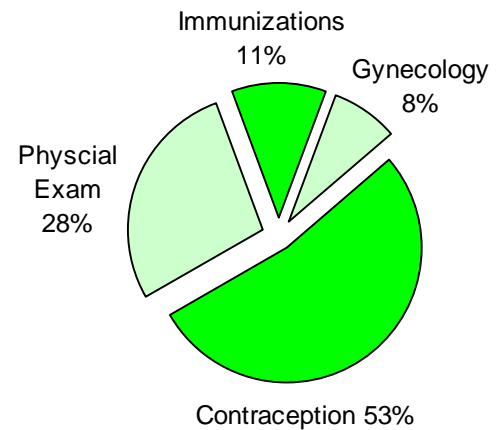


School Nurse services are an important component of the Teen Health Centers and student health services, generally. Last year, THC school nurses provided over 27,000 visits to 5,245 students in the eight high schools that house a Teen Health Center.

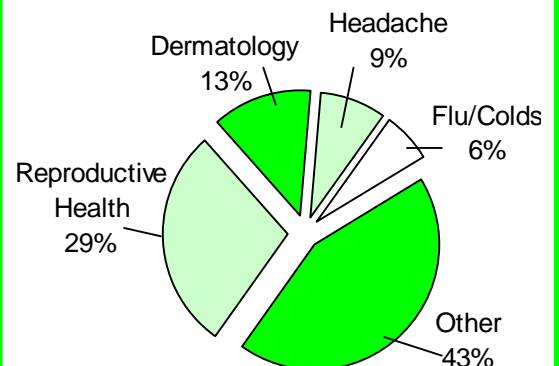
Reasons for Mental Health Visits



Reasons for Wellness Visits



Reasons for Illness Visits

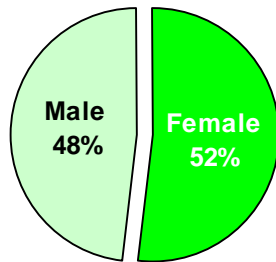


School-Based Health Centers Middle School Wellness Centers

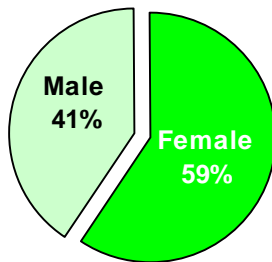
Early adolescence offers a unique window of opportunity to shape enduring patterns of healthy behavior by fostering effective education, preventing destructive behavior, and promoting good health practices. Opened at Denny and Washington last year, Middle School Wellness (MSWC) Centers provide a targeted effort to meet this opportunity.

| | MWC Enrollment | School Enrollment | Percent of School | Total Visits | Unduplicated Users | Visits Per Person | Users as % of MWC Enrollment |
|------------|----------------|-------------------|-------------------|--------------|--------------------|-------------------|------------------------------|
| Denny | 240 | 870 | 27.6% | 592 | 123 | 4.8 | 51% |
| Washington | 498 | 1,027 | 48% | 680 | 224 | 3.0 | 45% |

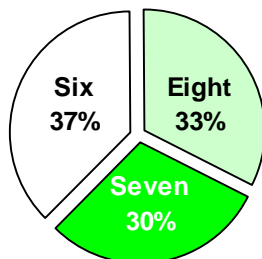
Enrollment by Sex



Visits by Sex

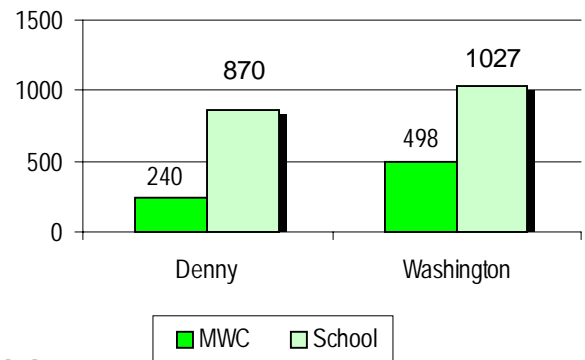


Visits by Grade

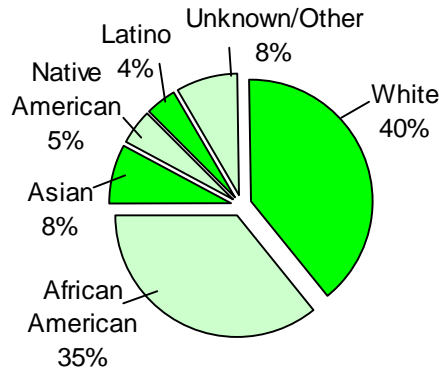


Unlike sites offering services to older youth, the utilization rate of middle school males is higher, although female students still use more services.

Enrollment



Visits by Race/Ethnicity



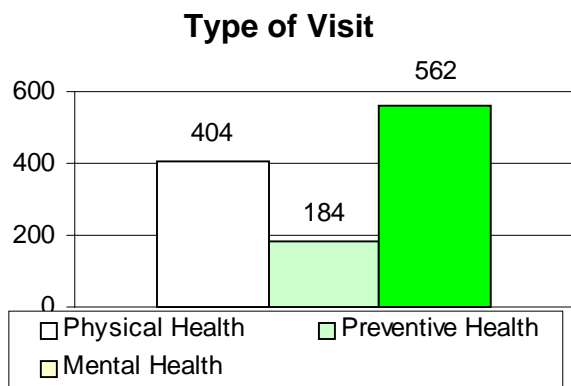
Visit data by Race/Ethnicity is not completely reflective of school enrollment data at Denny and Washington where white students account for 39%, African American 27% and Asian 21% of all students.

"I've been coming here since I was in 7th grade when I was failing all my classes... Whether Laurie knows it or not, she teaches me a lot of things – just through listening... If she didn't help me out, I'd probably still be struggling horribly and not getting really anywhere in my life and not having the opportunities that I have now. I mean so many doors have been opened for me because Laurie helped me regain the self confidence that I have... Laurie helped me find out who I am."

-8th Grader
Denny Middle School

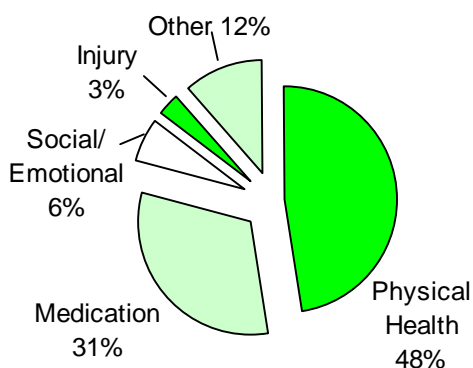
[Note: This student is now receiving "A's" in all of her classes except for one.]

The mission of the Middle School Wellness Center Program is to promote student wellness by providing comprehensive social, mental and physical health care in a safe and confidential school based setting in collaboration with the school, families and community.



Mental Health makes up over 48 % of all services provided at the MWCs while illness visits account for 35 % and wellness visits for 16 percent.

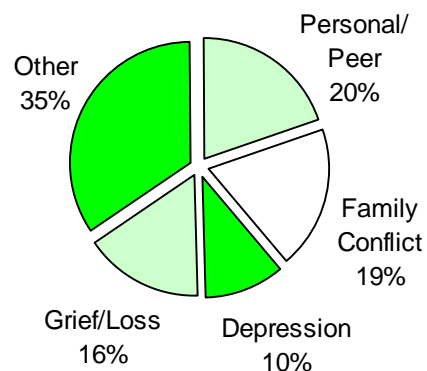
Reasons for Visits to School Nurse



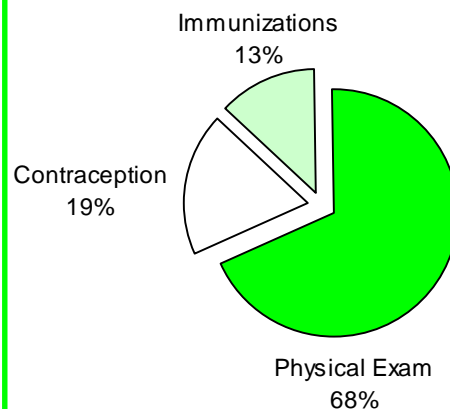
The school nurse role at the MWCs is an important part of the team. Last year, school nurse services were provided to over 1,500 students, totaling 13,172 visits.

Data on these pages does not reflect a full year of service.

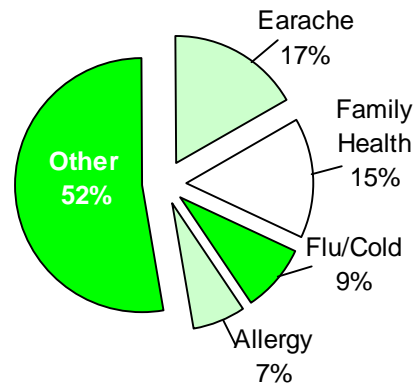
Reasons for Mental Health Visits



Reasons for Wellness Visits



Reasons for Illness Visits

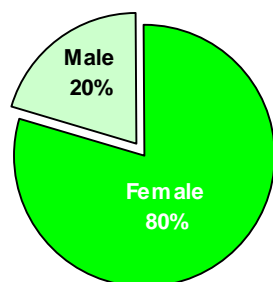


School Linked Health Centers

School Linked Health Centers (SLHC) have close relationships with partnering schools. Together, Renton and Highline Youth Health Centers provided services to students from over 50 different schools in South King County. With more than 2,300 youth enrolled, SLHC staff saw over 2,000 unduplicated clients, totaling 6,133 visits.

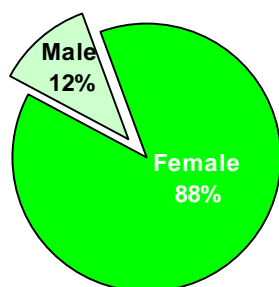
| | SLHC Enrollment | Visits | Unduplicated Users | Visits Per Person | Users as Percent of Enrolled |
|----------|-----------------|--------|--------------------|-------------------|------------------------------|
| Highline | 1292 | 3,709 | 1288 | 2.9 | 100% |
| Renton | 1010 | 2,424 | 734 | 3.3 | 73% |

Enrollment by Sex



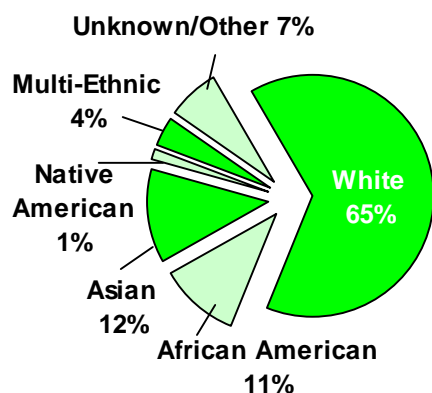
As with most of the health center sites, school linked centers provide the majority of services to female youth. With a combined enrollment of 2,302, females accounted for over 1,800 of youth registered at the sites and 88% of all visits.

Visits by Sex

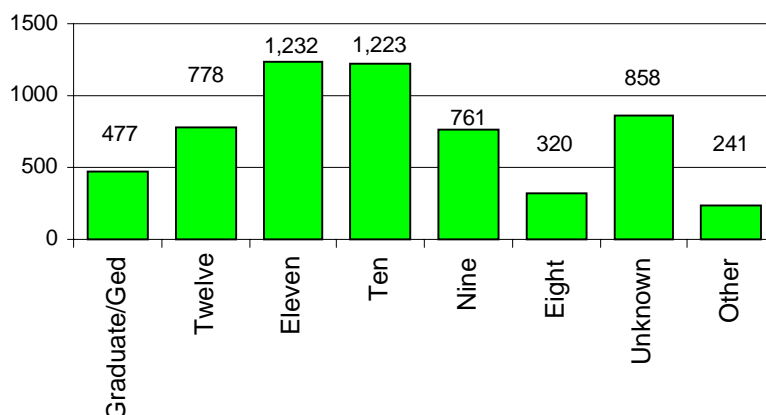


Visits by Race closely reflect enrollment patterns at the School Linked sites where white clients were enrolled at a rate of 61%, African American 13% and Asian at a rate of 13%.

Visits by Race

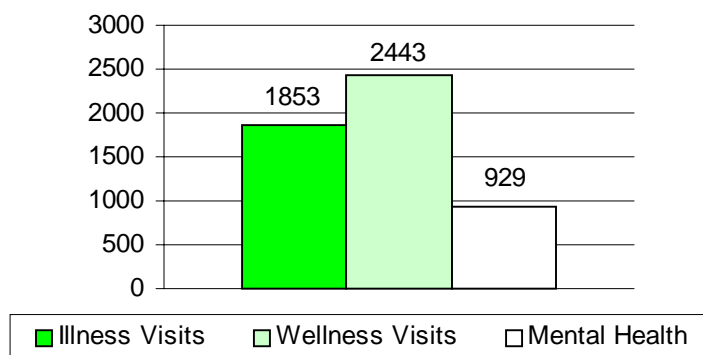


Visits by Grade



Eleventh and Tenth grade students are both enrolled most frequently and use more services than other registrants of the school linked sites. Both grades are enrolled at a rate of 20% and use just over 20% of all services.

Types of Visits



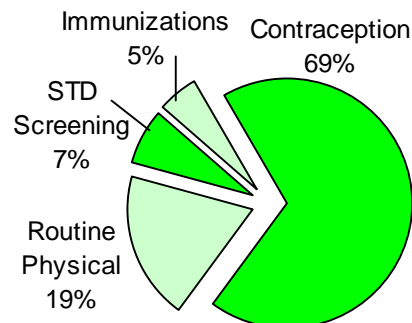
With 47% of total visits, wellness visits comprised the majority of the services provided at the School Linked Health Centers. Diagnoses related to illness visits accounted for 35 % and mental health, 18%.

Reproductive health services account for 54% of illness visits and 16% of all services provided at the health centers.

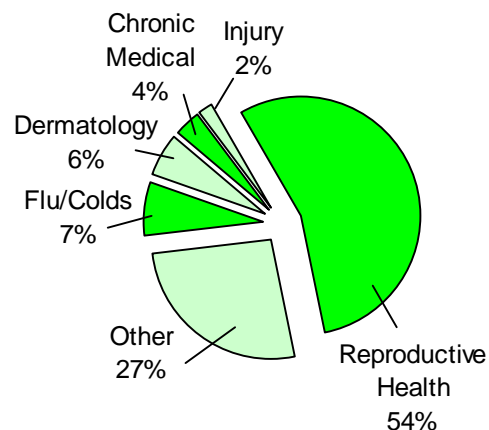
“They come in for sports physicals for cross country, for track, for basketball, for football ... they don’t have a [health] provider anywhere else.”

*-Marie Casey, Nurse Practitioner
Renton Youth Health Center*

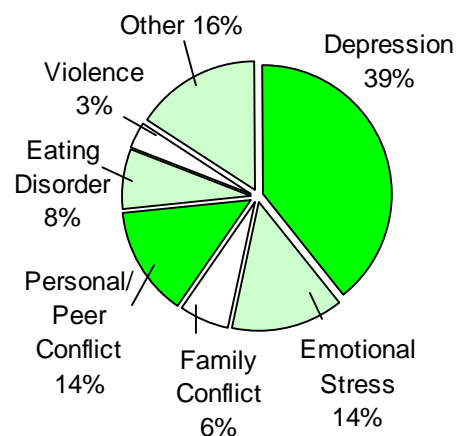
Reasons for Wellness Visits



Reasons for Illness Visits



Reasons for Mental Health Visits



We'd like to thank our partners and supporters...

- 45th Street Clinic
- Carl Meinecke, Ph.D.
- Central Youth & Family Services
- City of Seattle
- Columbia Health Center
- Community Psychiatric Clinic
- Group Health Cooperative & Foundation
- Harborview Medical Center
- Kids Health 2001
- Highline Community Hospital
- Highline School District
- King County
- Medina Children's Services
- North Public Health
- Odessa Brown Children's Clinic
- Providence Seattle Medical Center
- Puget Sound Neighborhood Health Centers
- Renton Area Youth Services
- Renton School District
- Ruth Dykeman Children & Family Services
- SafeNet
- Seattle Families and Education Levy
- Seattle Mental Health
- Seattle Public Schools Student Health Services
- Seattle School District
- Southwest Youth & Family Services
- Teenage Pregnancy and Parenting Program (TAPP)
- University of Washington Division of General Pediatrics
- University of Washington Medical Center
- University of Washington School of Nursing
- U.S. Department of Justice Weed & Seed Program
- Washington State Department of Health

"I work with teenagers because I love 'em. They just really bring joy to my life. I love going into a classroom of teenagers and just observing and talking. I love their energy. I love that they're so willing to learn and try new things... They're exciting and they're smart and they have lots to offer. And I think our society doesn't really respect them the way they should. They don't get to see their energy and intelligence and all their great ideas that they have for this world. They're cool."

*-Karyn Higgins, Counselor
Renton Youth Health Center*

"Many Seattle students report that their teen health clinic is a vital resource, supporting both their physical and mental health needs."

*-Pamela Hillard, Health Educator
Program Manager, Seattle Schools*



**All pictures in this annual report were taken by teens participating
in photography classes at Youth in Focus.
Thanks to Catrina, Kenny and Eunjean for providing pictures.**

Youth in Focus (YIF) uses photography to give urban teens the opportunity to experience their world in new ways and make positive changes in their lives. Founded in 1994, YIF runs after school and summer programs where teens learn valuable life skills and build confidence in their abilities. Exhibition of student works celebrates young people as valuable members of our community. Youth in Focus received The Coming Up Taller Award 2000 for providing inspiration to teens through the arts. For more information about classes or volunteering call 206/723-1479, visit our web page www.youthinfocus.org, or e-mail yif@youthinfocus.org.



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